

**Rahmenzeitplan Abendsportfest "Staffeltag" am 17.06.2015
alle Altersklassen**

Zeit	Ki U10 m/w	Ki U12 m/w	Jgd U14 m/w	Jgd U16 w	Jgd U16 m	Jgd U18 m/w	Jug U20 m/w	M/W
17:00	4x50m	4x50m						
17:20			4x75m					
17:30				4x100m	4x100m			
17:40						4x100m	4x100m	4x100m
17:50	3x800m	3x800m						
18:00			3x800m	3x800m				
18:25					3x1000m			
18:50						4x400m	4x400m	4x400m
19:00				Olymp. Staffel	Olymp. Staffel	Olymp. Staffel	Olymp. Staffel	Olymp. Staffel